

Cup Lake Bike Trail

Big White Mountain, BC

Distance: 28km (56km round trip)

Duration: 2 hour (E-Bike)

Difficulty: Moderate

Ascent/Descent: 431m/769m

Trail Type: Out and Back

Best Season: Summer

ATTENTION Trail conditions and difficulty levels can change without notice. Use this information at your own risk. Always check current weather, carry appropriate gear, and exercise personal judgment. Stay on marked paths and respect local regulations.

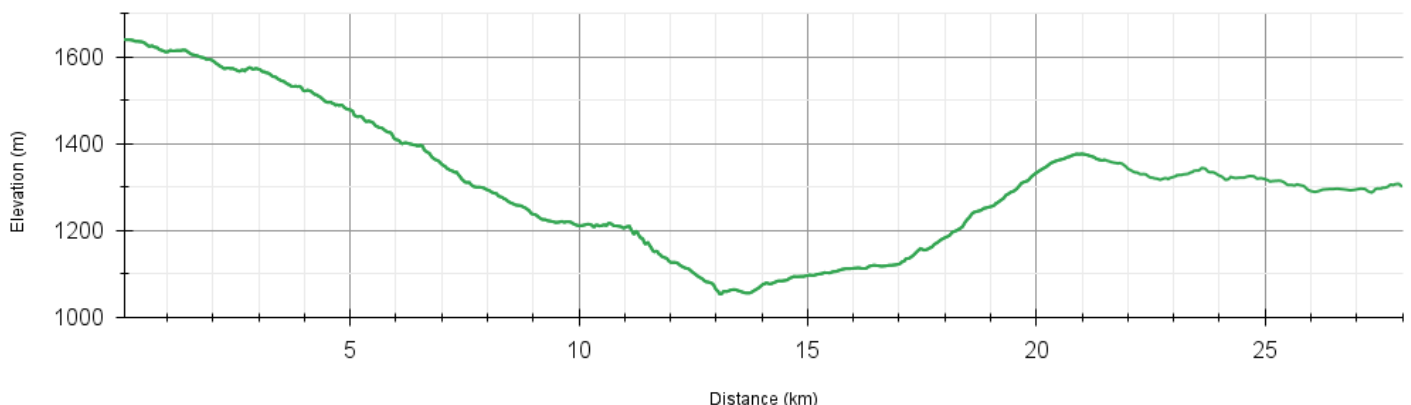
Trail Description

Cup lake is forgotten quite easily because it is overshadowed by its larger and more popular neighbor, Lassie Lake. Cup lake offers a quieter destination just past Lassie Lake. REFER TO BACK OF PAGE FOR DETAILED MAP. SCAN QR CODE ON BACK OF PAGE FOR GPS MAP (GOOGLE MAPS).

Recommended Gear

- 2+ Litres of water per person
- Snacks: granola bars, etc.
- GPS Map (google maps)
- Compass
- Spare Battery (if E-Biking)
- Sturdy Footwear
- Bear Spray
- Weather appropriate clothing
- Sunscreen
- First Aid Kit

Elevation Map



For questions and concerns please reach out to trailorparkboysca@gmail.com

Google Maps Link: (Or scan QR Code on next page)

<https://www.google.com/maps/d/u/1/edit?mid=1-HlcZwj3i7BKxuJ12paVCDyHW5Vjbo&usp=sharing>







